# IHME

Health Care Spending in Maryland

The Disease Expenditure Study measures health care spending in the US, including in all 50 states, the District of Columbia, and in 3,110 counties from 2010 through 2019. It is the most comprehensive study on US health spending, tracking 148 health conditions, 4 payers (Medicare, Medicaid, private insurance, and out-of-pocket payments) and 7 types of care. Researchers used data from more than 40 billion insurance claims and nearly 1 billion facility records in this study as well as data from surveys. 77% of all US health care spending was captured in this study.

In 2019, Maryland spent $47.5B on health care and ranked 11th in health care spending per person nationwide.[1]

Health spending in Maryland compared to other US states (adjusted for age, population size and inflation)
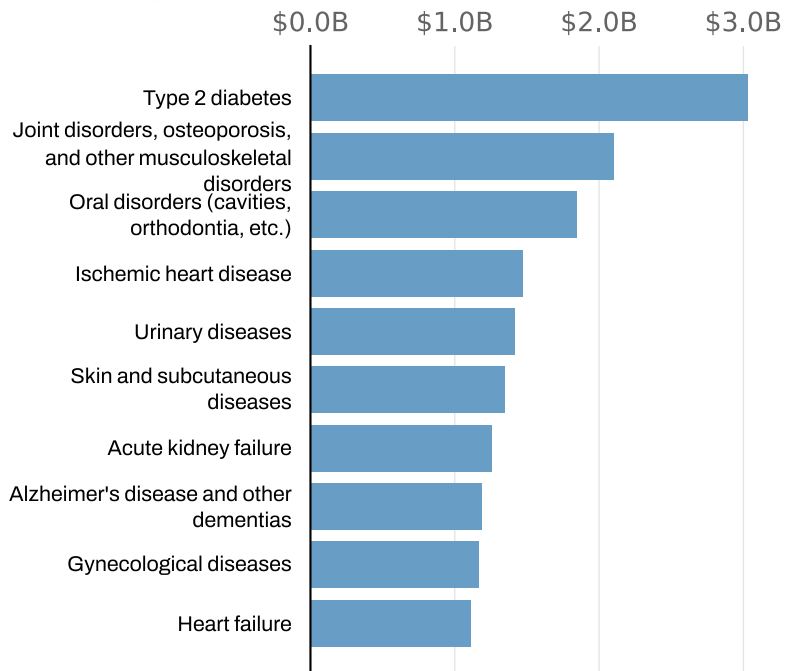

Spend per person, age- and inflation-adjusted
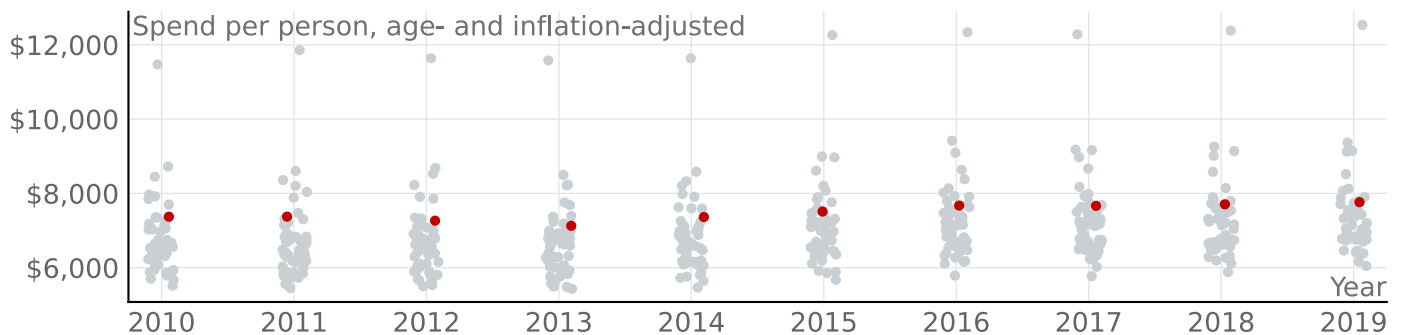
[1]Based on age-standardized rates among all 50 states and the District of Columbia, ranked from highest to lowest in 2019.

Patterns of health spending in Maryland differ markedly from the leading health problems in the state.

Leading causes of poor health and early death, 2019 ranking, Maryland[2]

1	Ischemic heart disease
2	Low back pain
3	Stroke
4	Chronic obstructive pulmonary disease
5	Joint disorders, osteoporosis, and other musculoskeletal disorders
6	Lung cancer
7	Alzheimer's disease and other dementias
8	Self-harm, including suicide
9	Chronic kidney disease
10	Depressive disorders

[2]Based on disability-adjusted life years per 100,000 people, all ages, all sexes. Cause list differs from Global Burden of Disease study due to methodological differences.

Leading causes of health spending in Maryland, 2019 ranking, billions $US

Spending in most areas has grown over time in Maryland[3]

Change in spending per capita, 2010-2019, Maryland

| | 0.0% | 2.0% | 4.0% | 6.0% | 8.0% | 10.0% |

Autism spectrum disorders

Eating disorders

Kidney cancer

Multiple myeloma

Alcohol use disorders
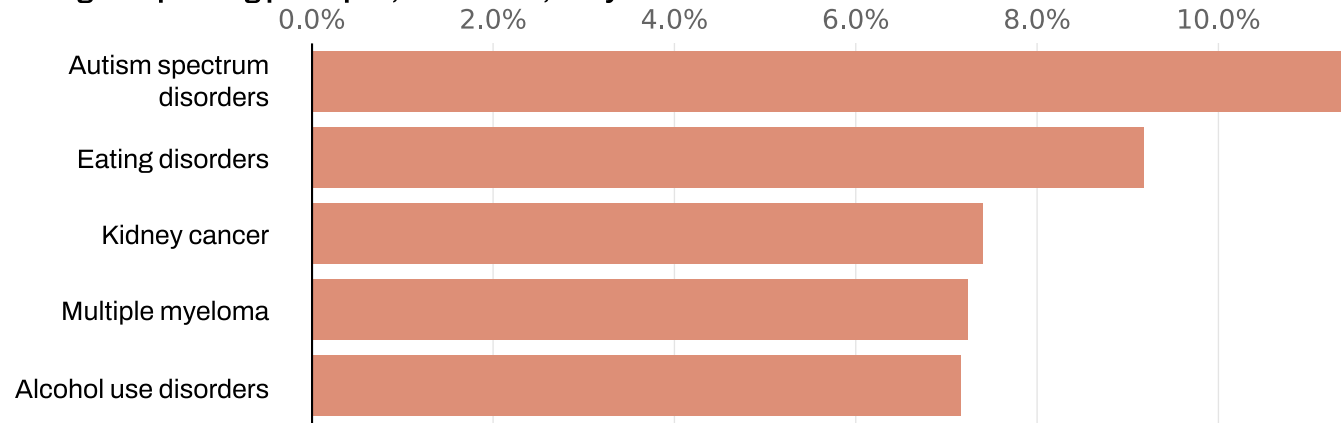
[3]*Percent annual growth rate of spend per capita. Bars show causes of spending with highest annual growth rate between 2010 and 2019*

Total health spending in 2019 (adjusted for age and population) differs slightly across Maryland counties

$6,219 $8,268
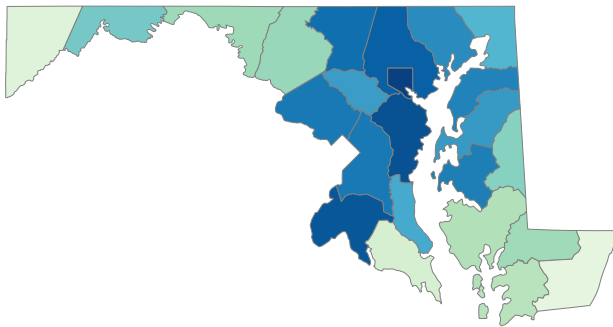
Spending per person, adjusted for age, is highest in Baltimore City, and lowest in Worcester County.

Out-of-pocket payments in 2019 (adjusted for age and population) were highest in Anne Arundel County and Baltimore County

$631 $1,119
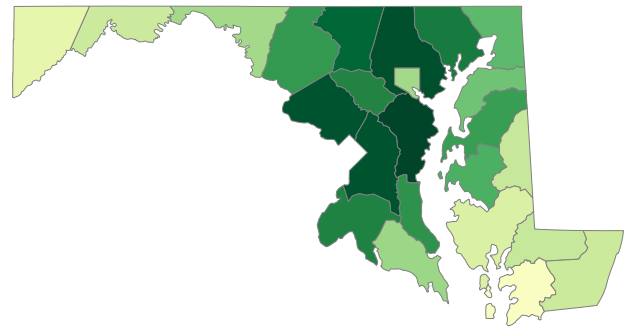
Paying out of pocket for health care can push people into poverty.

About IHME

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